* STUDY – RESEARCH – DEVELOPMENT

International project on sustainable community development

17-26 January, Thailand

Project

This is an innovative Study, Research, and Development (S+R+D) project, where participants will embark on a unique journey to measure, analyze, and discuss new approaches to leisure activities in a sustainable environment. Our goal is to develop instructive models for community development, focusing on environmentally friendly and socially responsible practices.The results of the project will be introduced at the international conference, and will be summarized in a research article.

Sustainable community

With global change posing pressing challenges, international cooperation is essential. The Sustainable Coastal Development Network (SCDN) is dedicated to fostering global research and volunteer collaboration to better comprehend the intricate relationships between natural, social, and economic systems in coastal communities. By uniting experts and community members, we strive to create actionable recommendations for policymakers.

Participants

We invite universities, organizations, and individuals from around the world to join our international event. Whether you are a student, researcher, or professional, we welcome anyone who shares our passion for sustainable development, cultural exchange, and international cooperation.

Location

The project will take place in Nong Bua, a seaside village 260 km south of Bangkok, where the Khao Kalok mountain juts from the sea. The village’s tranquil atmosphere is enhanced by the nighty fishing expeditions of local fishermen and the presence of Buddhist monks, who add a sense of spirituality.

Participants will also visit the National Sport University in Bangkok, where they can engage in scientific discussions and exchange perspectives.

Organizing Team

**Coordinators:** Prof. Miklos Banhidi (Hungary), P:+36708849008 E:miklosbanhidi@gmail.com

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**Register at your interest**: [sporttourisminternationalpersp@gmail.com](mailto:sporttourisminternationalpersp@gmail.com)

Program

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| **DATE** | **GOALS** | **PROGRAM** |
| JAN 17  FRIDAY | Arrival to Bangkok | Pick up with a minivan from Suvarnabhumi Airport  Meeting point: at Gate 4 (2nd floor)  Travel to Samut Sakhon – Mahachai Green Boutique Hotel (1.5 hrs)  Dinner at resort – get to know each other  Introduction evening – each group introduces themselves |
| JAN 18  SATURDAY | Cultural tourism | 8.00 Breakfast at the resort  9.00 **FIELD STUDY** - Visiting Salina Workshop Center – observing the sustainable methods  13.00 Lunch at the resort  14.00 Traveling to Khao Kalok (around 3 hrs.)  17.30 Settle down in hotel – relax, swimming  19.00 Dinner and discussions on the program |
| JAN 19  SUNDAY | Team building | 8.00 Breakfast  9.30 **INTERNATIONAL SPORT WORKSHOP ON THE BEACH** – International groups introduce and teach their national folk games  13.00 Lunch  15.00 **RESEARCH WORKSHOP**  Exploring in the village in small groups – observing the conditions for tourism (environmental analysis)  18.00 **THAI COOKING** Dinner at the beach  20.00 Performances on the beach restaurant |
| JAN 20  MONDAY | Research on ocean | 8.00 Breakfast  9.30 **INTERNATIONAL SPORT WORKSHOP 2**  Introducing and teaching traditional games  13.00 Lunch  14.30 **RESEARCH WORKSHOP**  Innovative water and beach sport activities – using natural material (made of coconuts, wood, recycled materials etc.)  16.30 **SHELL HUNTING** – in the fishing area  Interacting and making interviews with local residents and fishermen  18.00 Dinner  19.00 **HANDICRAFT WORKSHOP –**making jeweleries from the shells, flower embroidery |
| JAN 21  TUESDAY | Sustainable health and sport tourism | 06.30 Observing the sunrise and the effects of ebb-flow on the beach  Shooting photos  8.00 Breakfast  9.00 **WORKSHOP IN THE SCHOOL –** teaching games for children  13.00 Lunch  15.00 Volunteering at the Sweet potatoe farm, coconut field and in the community garden  18.00 Traveling to **HUA HIN CITY’S NIGHT MARKET** (40 min.) Interviews with foreign visitors (Dinner will be individually) |
| JAN 22  WEDNESDAY | Sustainable sport tourism | 8.00 Breakfast  9.00 **SPIRITUAL HEALTH DAY** (Buddhist temple)  Meditation with the local monks  Walking meditation to the top of Khao Kalok mountain  13.00 Lunch  **14.00 TRASH STOP**  Participants will volunteer to collect garbage  17.00 Evaluation discussions  18.00 Dinner  19.00 **YOUNG PEOPLE’S CONCERT** – local and international groups will perform on the stage |
| JAN 23  SATURDAY | Interaction with school | **INTERNATIONAL PEACE SPORT DAY**  7.00 Breakfast  8.00 **RELAY BIKE TOUR** to Myanmar border  Playing and interacting with local and Burmese children.  14.00 Lunch  15.00 Traveling back  18.00 Dinner  19.00 **THAI MASSAGE WORKSHOP -** |
| JAN 24  SUNDAY | Travel to Bangkok to the Sport University (5.5 hrs.) | 8.00 Breakfast  9.00 Travel to Bangkok  13.30 Lunch on the way in a restaurant  14.30 Arrival to the National Sport University, Ang Thong Campus  Interaction with local students  Introductions and cooperative games with local students  Evening: dinner and performance in a local restaurant |
| JAN 25  MONDAY | International Conference on Sustainble Tourism | 8.00 Breakfast at the university  9.00 **DISCUSSION ON COOPERATIONS** among universities (for leaders)  Exploring around the university’s facilities  Preparation for the conference  12.00 Lunch at the university  **15:****00** **INTERNATIONAL SCIENTIFIC CONFERENCE ON SUSTAINABLE DEVELOPMENT**  Short performance by local and international participants  *Introductory presentation*  *Invited Speakers (online)*  *Keynote speakers and presenters*  Participants introduce their final results of the activities  18.00 Dinner  19.00 Evaluation |
| JAN 26  TUESDAY | Interactions with local students  Evaluation | 8.00 Breakfast  9.00 **MUAY THAI WORKSHOP**  Activities by the university  Participants will learn on traditional martial art and dance  13.00 Lunch  14.30 Departure to airport, or to a hotel (close to airport) for those, who wants to stay longer |
| JAN 27  Facultative program | Visiting Bangkok downtown | 8.00 Breakfast in hotel  9.30 Traveling to BK downtown  Visiting Wat Arun, Wat Pho, Kao San road, shopping mall  Free time  Leaving to the airport |

Registration form

PROGRAM OPTIONS

1. Whole Program (includes all activities, local transportation, accommodation with full board, workshops, and conference registration): 13500 Baht (350 euro, or 370 USD)
2. Conference Only (includes access to international conference and networking opportunities): 2000 Baht (50 euros, 60 USD)

PARTICIPANT INFORMATION

Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Institution/Organization: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Country: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Email: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Phone: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

INFORMATION

* Briefly describe your background and interests in sustainable community development: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

SPECIAL REQUESTS

* Do you have any special requests or needs (e.g. dietary restrictions, accessibility requirements)? \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
* Are you willing to stay for additional days in Bangkok

yes/no

PAYMENT INFORMATION

Payment method: Cash after arrival \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

* Payment amount

ADDITIONAL INFORMATION

* Please provide any additional information that you think would be helpful for us to know (e.g. language proficiency, specific interests or skills): \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Date Signature

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SUBMIT

**Please submit your registration form to sporttourisminternationalpersp@gmail.com by 1st  December 2024**