* STUDY – RESEARCH – DEVELOPMENT

International project on sustainable community development

17-26 January, Thailand

Project

This is an innovative Study, Research, and Development (S+R+D) project, where participants will embark on a unique journey to measure, analyze, and discuss new approaches to leisure activities in a sustainable environment. Our goal is to develop instructive models for community development, focusing on environmentally friendly and socially responsible practices.The results of the project will be introduced at the international conference, and will be summarized in a research article.

Sustainable community

With global change posing pressing challenges, international cooperation is essential. The Sustainable Coastal Development Network (SCDN) is dedicated to fostering global research and volunteer collaboration to better comprehend the intricate relationships between natural, social, and economic systems in coastal communities. By uniting experts and community members, we strive to create actionable recommendations for policymakers.

Participants

We invite universities, organizations, and individuals from around the world to join our international event. Whether you are a student, researcher, or professional, we welcome anyone who shares our passion for sustainable development, cultural exchange, and international cooperation.

Location

The project will take place in Nong Bua, a seaside village 260 km south of Bangkok, where the Khao Kalok mountain juts from the sea. The village’s tranquil atmosphere is enhanced by the nighty fishing expeditions of local fishermen and the presence of Buddhist monks, who add a sense of spirituality.

Participants will also visit the National Sport University in Bangkok, where they can engage in scientific discussions and exchange perspectives.

Organizing Team

**Coordinators:** Prof. Miklos Banhidi (Hungary), P:+36708849008 E:miklosbanhidi@gmail.com

Dr. Chenkan Chuchoet (Thailand) P: +66 993914946 E: jjenkarn@gmail.com

**Scientific advisors:** Asc. Prof. Pathansat Jabjit (Thailand), Prof. Michael Mahoney (USA), Prof. Lee Jong Young (Korea), Jane Lijun Zhou (China), Prof. Rajesh Kumar (India), Gerd Pfitzenmaier (Germany),

**Register at your interest**: sporttourisminternationalpersp@gmail.com

Program

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| **DATE** | **GOALS** | **PROGRAM** |
| JAN 17FRIDAY | Arrival to Bangkok  | Pick up with a minivan from Suvarnabhumi Airport Meeting point: at Gate 4 (2nd floor)Travel to Samut Sakhon – Mahachai Green Boutique Hotel (1.5 hrs) Dinner at resort – get to know each otherIntroduction evening – each group introduces themselves |
| JAN 18SATURDAY | Cultural tourism | 8.00 Breakfast at the resort9.00 **FIELD STUDY** - Visiting Salina Workshop Center – observing the sustainable methods13.00 Lunch at the resort14.00 Traveling to Khao Kalok (around 3 hrs.)17.30 Settle down in hotel – relax, swimming19.00 Dinner and discussions on the program  |
| JAN 19SUNDAY | Team building | 8.00 Breakfast9.30 **INTERNATIONAL SPORT WORKSHOP ON THE BEACH** – International groups introduce and teach their national folk games13.00 Lunch15.00 **RESEARCH WORKSHOP**Exploring in the village in small groups – observing the conditions for tourism (environmental analysis) 18.00 **THAI COOKING** Dinner at the beach20.00 Performances on the beach restaurant  |
| JAN 20MONDAY | Research on ocean | 8.00 Breakfast9.30 **INTERNATIONAL SPORT WORKSHOP 2**Introducing and teaching traditional games 13.00 Lunch14.30 **RESEARCH WORKSHOP**Innovative water and beach sport activities – using natural material (made of coconuts, wood, recycled materials etc.)16.30 **SHELL HUNTING** – in the fishing areaInteracting and making interviews with local residents and fishermen 18.00 Dinner19.00 **HANDICRAFT WORKSHOP –**making jeweleries from the shells, flower embroidery |
| JAN 21TUESDAY | Sustainable health and sport tourism | 06.30 Observing the sunrise and the effects of ebb-flow on the beachShooting photos8.00 Breakfast9.00 **WORKSHOP IN THE SCHOOL –** teaching games for children13.00 Lunch15.00 Volunteering at the Sweet potatoe farm, coconut field and in the community garden18.00 Traveling to **HUA HIN CITY’S NIGHT MARKET** (40 min.) Interviews with foreign visitors (Dinner will be individually)  |
| JAN 22WEDNESDAY | Sustainable sport tourism | 8.00 Breakfast9.00 **SPIRITUAL HEALTH DAY** (Buddhist temple)Meditation with the local monks Walking meditation to the top of Khao Kalok mountain13.00 Lunch**14.00 TRASH STOP**Participants will volunteer to collect garbage17.00 Evaluation discussions18.00 Dinner19.00 **YOUNG PEOPLE’S CONCERT** – local and international groups will perform on the stage |
| JAN 23 SATURDAY | Interaction with school | **INTERNATIONAL PEACE SPORT DAY**7.00 Breakfast8.00 **RELAY BIKE TOUR** to Myanmar border Playing and interacting with local and Burmese children. 14.00 Lunch15.00 Traveling back 18.00 Dinner19.00 **THAI MASSAGE WORKSHOP -**  |
| JAN 24SUNDAY | Travel to Bangkok to the Sport University (5.5 hrs.)  | 8.00 Breakfast9.00 Travel to Bangkok13.30 Lunch on the way in a restaurant14.30 Arrival to the National Sport University, Ang Thong Campus Interaction with local studentsIntroductions and cooperative games with local studentsEvening: dinner and performance in a local restaurant |
| JAN 25MONDAY | International Conference on Sustainble Tourism  | 8.00 Breakfast at the university 9.00 **DISCUSSION ON COOPERATIONS** among universities (for leaders)Exploring around the university’s facilitiesPreparation for the conference12.00 Lunch at the university**15:****00** **INTERNATIONAL SCIENTIFIC CONFERENCE ON SUSTAINABLE DEVELOPMENT**Short performance by local and international participants *Introductory presentation* *Invited Speakers (online)**Keynote speakers and presenters* Participants introduce their final results of the activities 18.00 Dinner19.00 Evaluation |
| JAN 26TUESDAY | Interactions with local studentsEvaluation | 8.00 Breakfast9.00 **MUAY THAI WORKSHOP**Activities by the universityParticipants will learn on traditional martial art and dance13.00 Lunch 14.30 Departure to airport, or to a hotel (close to airport) for those, who wants to stay longer  |
| JAN 27Facultative program | Visiting Bangkok downtown | 8.00 Breakfast in hotel 9.30 Traveling to BK downtownVisiting Wat Arun, Wat Pho, Kao San road, shopping mallFree timeLeaving to the airport |

Registration form

PROGRAM OPTIONS

1. Whole Program (includes all activities, local transportation, accommodation with full board, workshops, and conference registration): 13500 Baht (350 euro, or 370 USD)
2. Conference Only (includes access to international conference and networking opportunities): 2000 Baht (50 euros, 60 USD)

PARTICIPANT INFORMATION

Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Institution/Organization: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Country: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Email: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Phone: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

INFORMATION

* Briefly describe your background and interests in sustainable community development: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

SPECIAL REQUESTS

* Do you have any special requests or needs (e.g. dietary restrictions, accessibility requirements)? \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
* Are you willing to stay for additional days in Bangkok

yes/no

PAYMENT INFORMATION

Payment method: Cash after arrival \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

* Payment amount

ADDITIONAL INFORMATION

* Please provide any additional information that you think would be helpful for us to know (e.g. language proficiency, specific interests or skills): \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Date Signature

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

SUBMIT

**Please submit your registration form to sporttourisminternationalpersp@gmail.com by 1st  December 2024**